

PONY CAMP - A TIME TO ENJOY

Time	Group 1	Group 2	Activity
10.30 am			Arrive. Registration and Introduction to your Coach and Supervisors. Divide into Group 1 and Group 2
11.00 am	Group 1		Riding Lesson (on day 2 or 3 of your camp, your riding lesson will commence at 10.45 am)
11.00 am		Group 2	Stable Management Lesson
12.00	Group 1		Stable Management Lesson
12.00		Group 2	Riding Lesson (on day 2 or 3 or your camp, your riding lesson will commence at 11.45 a.m.)
1.00 to 2.00 p.m.	Group 1	Group 2	LUNCH – Supervised. At this time, you will have an opportunity to watch and help with the ponies being fed and ensure that they get whatever treat you may have brought for them.
2.00 pm	Group 1		Riding Lesson
2.00 pm		Group 2	Stable Management
3.00 pm	Group 1		Stable Management
3.00 pm		Group 2	Riding Lesson
4.00 pm	Group 1	Group 2	ALL HOME. PLEASE ENSURE YOU ARE COLLECTED ON TIME.

• GUIDELINES

- 1) No Jewellery allowed; remove all studs, rings, necklaces, etc. These can cause a serious injury if they get caught up in something.
- 2) We strongly advise that children do not bring any valuables, e.g. Mobile Phone, Walkman, etc. If he/she needs to make a phone call they can ask their instructor who will arrange this.
- 3) Chewing gum is not permitted.
- 4) Ponies may only be fed at feeding times. If you wish to bring a treat, please leave it in the feed room and the staff will ensure they receive it at feed time.
- 5) Running is not permitted in the yard.
- 6) Please remember your Coach and Yard Supervisors are there to ensure your enjoyment and safety. Please do exactly as you are asked.
- 7) You will need a healthy lunch and drink. Don't forget something for break too.

• RIDING GEAR - PLEASE LABEL ALL YOUR EQUIPMENT & CLOTHES

- 1) We can provide hats (to correct standard) and boots if needed. Runners **MAY NOT** be worn in the yard at any time.
- 2) NO JEANS, they are uncomfortable to ride in. If you do not have Jodhpurs then other trousers/leggings will do.
- 3) We have a number of Body Protectors available for our riders to wear.
- 4) Riding gloves should be worn.
- 5) Depending on weathers conditions, please ensure you have rain gear and/or sun cream.

Waste Management:

The staff, trainees and riders at Festina Lente Foundation are proud of their Recycling Programme - "Green is clean – be part of our Team" is our motto.
We would greatly appreciate your co-operation in this matter.